

Discipleship Groups

What is a discipleship group?

- A group of 3-6 individuals who desire to grow in deeper relationship with our Lord
- A group that will strive to accompany other souls on the journey of Christian discipleship

What isn't a discipleship group?

- It's not a bible study, or devotional group
- It's not a "classroom" setting where one individual teaches on a topic while the others are passive learners
- It's not a social gathering, or gossip session
- It's not a counseling session
- It's not a program with a beginning and end – it's a journey
- (Note: there will be times where all but the gossip will have its respectful use but none of them are the primary focus in a discipleship group)

What should you expect from the individual who invited you into discipleship?

- Commitment to following the Lord personally through prayer; the Sacraments; Scripture/Apostolic teachings and fellowship (Acts 2:42)
- Commitment to encouraging group members to grow deeper in their personal faith journey and fellowship with their group
- Vulnerability and willingness to ask for personal accountability
- Facilitates structure; group communications
- Provides time/space to meet individually with group members outside of weekly group meetings

What is expected of group members?

- Assist in naming our group ☺
- Commitment to growing deeper in their relationship with Jesus
- Group members support one another in their personal faith journeys
- Confidentiality of group discussions is required, this is essential to growing trust and vulnerability within the group
- Commitment to attending weekly discipleship meetings
- Respectfully notify group if unable to attend or if life requires the group to reevaluate a weekly meeting time so you can be consistent
- Openness to being lovingly challenged and held accountable as we grow
- Vulnerability and willingness to be an active participant at group meetings

What are the "goals" of discipleship?

- Personal relationship with our Lord
- Authentic friendships rooted in Acts 2:42
- Daily commitment towards Jesus being the center of your life. Allowing His love and grace to permeate every aspect of your life and then allowing that love and grace to invite others into deeper relationship with our Lord
- Courage and desire to accompany other individuals in their journey of discipleship

Interested in more information or in forming a group?

- Call or email Angie Katz (715) 271-8800; akatz@ourladyofthefalls.org